

Skin Needling

As many of you are aware I had a medical skin needling done early in October, so here are the top 7 questions I get asked about the treatment:

Did it hurt? No, my face was numb so I really couldn't feel anything. Only on my nose and my forehead (the boney places) did it feel a little uncomfortable, but it wasn't bad.

How did it feel after? Well my face was still numb for hours after so I wasn't in any pain, you wouldn't want to go back to work or go out anywhere afterwards because you do look a bit scary (very red). But I wasn't in any pain at all afterwards which I thought I would be. It just felt like I'd been out in the sun too long.

How was it the next day? I was laying in bed interested to see how I looked....and well I didn't pass out when I saw myself in the mirror, I was still a little red but nothing bad that required a paper bag. I still went to work and roamed the streets. I couldn't wear any make up or sun screen so you wouldn't want to have a hot date the day after this treatment. When I showered that morning I did keep my face out of the water because I felt a little sensitive to it and I also kept my face out of the sun for the same reason. I did however gently cleanse and apply the serums and told my skin to drink from this new fountain of youth!!!

OK so how was it the day after the day after? Now this was my good day, all of the redness had dispersed and I was able to wear make-up and sunscreen. My face felt good. So really it was only 1 day of down time.

2 weeks later how is your skin, did you get the results you were after? My skin is great, it looks fresh and more flawless. I actually feel quite comfortable wearing no make-up. Lot's of people are commenting on how good it looks which always helps to make you feel warm and fuzzy inside. I am happy with the results, I was hoping to get my hyperpigmentation on my forehead in 1 go, it has faded by about 50% but I think it needs some more needling. It's worked well on my broken capillaries on my cheeks, it's really evened out my skin tone and I am happy with the results on the wrinkles. Wrinkles? What wrinkles?

Would you have the treatment again? Definitely, yes! I love the results and it honestly didn't hurt at all even though the photos look like it probably should have hurt.

Is this a treatment we do in the salon now? Yes this treatment is offered in the salon but we as beauty therapists don't actually do the treatment, Carolyn Della-Zoppa from Proskin Clinic will be up 2 days a month to do this treatment. The medical skin needling needs to be performed by a Dermal Therapist or a Registered Nurse. We do however sell the home needling kit, this one is very similar but has much smaller needles on it and is great to use on the skin inbetween treatments to really enhance the results.

Check out the photos of the night on our website, www.raptchau.com.au under?????