

**Free Facial valued at \$50  
With Every Microdermabrasion  
Only for September  
www.raptchau.com.au**

September 2009

Raptcha'u Hair &  
Beauty  
Shop 1 & 2, 30  
Seventh St,  
Murray Bridge  
85312255

### Results vs Pampering

Watching the other night on 10 years younger in 10 days the woman having the makeover said something that I think we really need to clarify. She was upset because she related the makeover with being pampered and thought that sounded nice, instead she felt like she had been poked, prodded and in pain for most of the time. Now this is interesting because there are different types of facial treatments you can have, the warm fuzzy ones that make you feel like a princess, are good for your skin but the results from one treatment would be minimal and unrealistic to think you are going to get "10 years younger in 10 days" from one of these types of facials. To get really good results, and quickly, which we now can achieve with advances in technology and product technology isn't always going to be a pleasant, warm fluffy facial. It may mean having acid peels on your face, injecting with Botox, having needles pierce your face with some kind of torture like device that reminds me of coring my lawn. None of these treatments feel particularly nice, sure we try to make you feel as comfortable as possible and in some cases anaesthetize the face. These treatments are serious about getting results and results they do produce. My point is this, when discussing your skincare needs please let us as your therapists know what expectations you have from the facial treatments. At Raptcha'u we are experts in what we do, this is why you have watched us grow in the past few years. If it's relaxation and warm fuzzies your after then we can accommodate that, if you want results from more invasive treatments we can do that too with the addition of many extra services such as Microdermabrasion, face peels, Intense Pulsed Light Therapy, Skin needling and Botox injections all available to you at Raptcha'u. And if your like me and like a bit of both well we can do that too, it may not necessarily be in the one treatment though, (I'm still trying to work out how to "dress up" skin needling, somehow I don't think a scalp massage is going to cut it!).

With the weather warming up we're starting to dust off our sandals and reveal our feet, but what kind of condition are those feet & nails in after being locked away all winter? Take advantage of this months Pedicure Special:

### The Ultimate Pedicure Experience \$60

In your own private room, relax, put on a gown and have your feet soaked in an aromatherapy foot bath. Feet are then buffed, exfoliated and the nails and cuticles attended to. It's then time to get up on the bed for a gorgeous foot and leg massage while a hydrating mask is applied to the feet. Finishing with a perfect polish. Allow 60 minutes for this treatment & remember to bring a pair of thongs (the footwear ones & not the lingerie ones) with you as your nails take awhile to fully dry.

**As a bonus for September,  
and only for the first 15  
people to book and pay for  
their Ultimate Pedicure  
Experience will take home a  
pedi kit valued at over  
\$20 Absolutely Free & Receive  
A complimentary Eyelash Tint  
Valued at \$15 FREE!!!**



### Sick of Your Skin Feeling Like A Snake This Winter?

Take Advantage of This Months Special

### Free Rejuvenation Facial valued at \$50 with every Microdermabrasion Treatment

Seeing that Microdermabrasion removes the barrier of dead skin from the face and allows products and serums to penetrate more easily, then it makes sense to have a rejuvenation facial at the same time as your Microdermabrasion. This is going to give your skin all the nutrients it needs after winter, freshen you up, shake off the dead winter skin and ready to face world!

## Introducing Youngblood's Hi-Definition Hydrating Mineral Perfecting Powder, a break through in Hi-Definition Make-Up

This innovative, multi-tasking formula keeps skin balanced by hydrating and refreshing skin, locking in needed moisture while naturally absorbing excess oil and mattifying shine. The high-performance, ultra sheer powder invisibly conceals imperfections for a perfect, camera-ready finish – whether you're going to the movies or starring in one. Created to help skin appear smooth and clear in any situation, this innovative formula expertly diffuses imperfections. Now you can achieve a truly flawless complexion anytime, anywhere.

This unique, universal formula is suitable for all skin types and shades and delivers a shine-free, colourless finish. Perfect for high-humidity conditions, Hi-Definition Hydrating Mineral Perfecting Powder absorbs oil and keeps the skin feeling fresh by hydrating skin and imparting a cooling, tingling sensation upon contact. For a complexion so flawless, it almost looks airbrushed.

### Ingredients & Benefits:

Zincite: Skin-revitalizing mineral that naturally energizes cells

Rhodolite: Skin-revitalizing mineral that protects cells

Licorice Root: Provides calming, anti-inflammatory benefits and conceals redness

Directions: Apply after foundation has been applied, with a brush or sponge, before applying blush or bronzer. For extra oil absorption apply before and after foundation to act as a primer.

Cost: \$59.95



## Amazing Facts About Skin

The skin surface: Area is 1.2 to 2.2 square meters, weighs 4 to 5 kg and accounts for around 7% of total adult body weight.

One square centimeter of skin contains;

- 15 sebaceous glands
- 1 yard of blood vessels
- 700 sweat glands
- 3000 sensory cells
- 4 yards of nerves
- 25 pressure apparatus to feel pleasure
- 200 nerve endings to record pain
- 2 sensory apparatus for cold
- 12 sensory apparatus for heat
- 3,000,000 cells
- 10 hairs.



Raptcha'u has recently changed companies offering the IPL skin rejuvenation and permanent hair reduction service in our salon. At present South Australia does not have any legislation that regulates who operates or buys Laser or IPL machines. Western Australia, Queensland and Tasmania are the only 3 states in Australia which regulates licensing and registration of IPLs. What this means is anyone, in South Australia, could go out and buy a machine, get a couple of hours training with the company that sold them the machine and start using it on people without any formal qualifications. So it's a good idea to ask when having IPL or Laser treatment to see the qualifications of the therapist. The Dermal Therapist performing your treatment at Raptcha'u, Carolyn Della-Zoppa has had a formal education in the largest Medical Cosmetic Practice in Perth WA, also possessing a Laser Safety Certificate.

### Why have a full consultation and test patch prior to your IPL treatment?

- To ensure that we can use the best parameters to give you the best result.
  - Too high can lead to burns which can then may turn into infection.
  - Too Low gives little to no treatment result.
  - It is also an industry standard set by the APAA

- During a full consultation you will be fully informed about the treatment and gives you the opportunity to ask any questions.
- Test patching is only required for your first appointment and a full consultation and test patch only will take up 15 minutes of your time.

You will be able to come in for your treatment later on the same day of your test patch if you desire.

**REMEMBER BETTER RESULTS MEANS LESS TREATMENTS FOR YOU IN THE LONG RUN.**

You may have seen in the standard that our adventure racing team, Owen Jones, Morgan Coull and myself did actually win the premier division in Melbourne in early August in the Teva Adventure Race. So not only did we win here in SA but we cleaned up in Victoria also. At the time of print I still haven't ran my marathon, in fact it's happening this weekend in Adelaide, 42.2km. So you will have to wait for the next newsletter to get the results of this, see if I finished or not, or maybe you will just have to come into the salon before next month to see if I survived!