

## Spray Tan Virgin?

Here's what you need to know

- Try to exfoliate prior to coming in for your tan
- The spray tan will take about 6 hours to develop to it's full colour
- The bronzer you see on your skin immediately after a spray tan is just the cosmetic bronzer, it is not the colour you will be (it's just there so we can see where we have sprayed & so that you can see you have had a spray tan)
- Try to avoid sweating or getting wet 6 hours following a tan
- Shaving of the legs does reduce the life of your tan
- You can wax the same day as a tan, ideally though it's best to do it the day following your waxing
- Try to minimize your showers down to 1 a day to get the tan to last longer (we've tanned the outer layer of skin so we need to hold onto that for the tan to last longer)
- Avoid harsh soaps and scrubbing in the shower and definitely don't exfoliate until you wish to remove the tan.
- When drying yourself after the shower just pat dry rather than rubbing with the towel
- Use a good body moisturiser every day and to extend the tan you can use one with a bronzer in it just to help top up the colour
- Sitting in baths, spas and swimming will reduce the life of your tan, not saying you cant do it, but realize that your tan wont last as long partaking in these activities
- Don't be fooled into thinking because you have a tan that is your sun protection, you will still need to wear sunblock
- If any tan is on your clothes it will wash out, try to launder as soon as possible

